Faecal Occult Blood Collection

Your doctor has requested a sample of faeces to be sent to the laboratory for examination.

PLEASE USE THE FOLLOWING INSTRUCTIONS TO MAKE YOUR COLLECTION:



Collection Tube

DO NOT collect faecal sample during menstrual cycle or if bleeding hemorrhoids present.

- 1. Place a clean holder/container in the toilet bowl to catch faeces.
- 2. Once you have your faeces sample, open the green cap on the tube provided. Keep tube upright and take care to avoid spilling agent inside.
- 3. Using the threaded end of the sampler, poke faeces 5 times, in a different point each time.
- 4. Put the sampler back into the tube, push the cap on tightly to click shut and shake vigorously.
- 5. Ensure tube is labelled with: Full Name
 Date of Birth Date & Time of Collection
- 6. Keep sample at room temperature.
- 7. Repeat this procedure for multiple faecal occult blood tests on 3 separate consecutive days. Please use a fresh tube for each sample.
- 8. Return to doctor's surgery or QML Pathology Collection Centre.

PLEASE NOTE: If your request includes faeces test(s) other than for Occult Blood, a faeces specimen must be submitted in a separate provided container.

- The faecal occult blood test looks for blood present in faeces.
- Your doctor will require 3 samples collected over 3 days (one sample per day).
- When all 3 samples have been collected they MUST be returned to QML Pathology on the 3rd day.

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