A guide to the warfarin monitoring service offered by QML Pathology. Patients can be registered with the Warfarin Care Clinic by phone, by using our PDF form at qml.com.au, or by completing the attached registration form.

**OPERATING HOURS**
The Warfarin Care Clinic registration service operates 8.00am to 5.00pm, Monday to Friday, closed on Saturday. The registration service is closed for a few weeks over the Christmas, New Year, and Easter periods.

**CONTACT DETAILS**
Phone: 1300 795 355  Fax: 07 3121 4335  
Email: warfarin@qml.com.au

**REGISTRATION**
The QML Pathology Warfarin Care Clinic is performed by QML Pathology to assist you in caring for your patients who are on warfarin. To ensure we can safely monitor your patient we require that you supply us with a complete medical history at the time of registration, and that you inform us of any changes as they occur in the future. This is particularly important for those patients who are unable to manage their own health. Registration in our Warfarin Care program is contingent upon all parties – doctor, patient, and laboratory – understanding and accepting their roles and responsibilities as outlined below.

**PRE-OPERATIVE WARFARIN MANAGEMENT**
The QML Pathology Warfarin Care Clinic does NOT automatically adjust warfarin in the pre-operative period. The treating physician or surgeon must forewarn the clinic and provide instructions in respect to their management plan. If help is needed in formulating a plan then QML Pathology’s haematologists are happy to consult.

**HOSPITAL ADMISSIONS AND DISCHARGES**
Once a patient is admitted into hospital, the warfarin monitoring service is discontinued. Prior to or once discharged, the patient will need to be reinstated on the warfarin monitoring program by the discharging hospital or their referring doctor. Short stay or minor procedures may be exempt from this process.

Patients who have been prescribed LMWH MUST remain under the care of the hospital or be referred to their doctor for care. QML Pathology will not begin control until the patient has ceased LMWH and INR is in the therapeutic range unless under a private specialist.

**COMPLIANCE**
Once registered, patients must be compliant with the instructions of the Warfarin Care Clinic. The patient will be expected to keep QML Pathology informed of any changes - especially contact details. Habitually non-compliant patients (those who fail to test when requested or who self-dose), and patients who abuse QML Pathology staff will be discharged from the Clinic after their clinician has been informed.

**HOME VISIT**
A house call service is available for those patients who are clinically house bound. QML Pathology reserves the right to review requirements for home visits on a patient by patient basis.

**FEES – REGISTRATION AND ANNUAL**
The QML Pathology Warfarin Care Clinic is not funded by Medicare or any other funding source, and in order for QML Pathology to continue to provide this service, new and re-registering patients will receive a registration fee at the time of their first INR test. These initial charges will contribute towards their Medicare Safety Net. An annual fee will be charged on the 1st of November of each year.

Nursing home residents are exempt from these fees and concessions fees do apply. Holders of a valid DVA card will not receive an account, QML Pathology will bill the DVA directly for eligible DVA card holders. Please refer to the Informed Financial Consent or visit the website for clarification of these fees. The signed Financial Consent must be received at the same time of the registration request to confirm the patients acceptance and knowledge of the cost to them.

>>> CONTINUED OVERLEAF
<table>
<thead>
<tr>
<th>WARFARIN CARE CLINIC:</th>
<th>PATIENT'S DOCTOR:</th>
<th>PATIENT/CARER:</th>
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<tbody>
<tr>
<td>✓ Provide educational and informational material in respect to Warfarin</td>
<td>✓ Provide the Warfarin Care Clinic with any changes to the patient’s medical history or medication changes as they occur</td>
<td>✓ Have a mobile phone contact number because QML Pathology’s preferred method of transmitting INR and dosage is via a Short Message Service (SMS)</td>
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<td>✓ Answer any questions patients have regarding Warfarin</td>
<td>✓ Provide six monthly testing of FBC and E/LFTs to aid the Haematologist in ensuring safe monitoring of the patient’s Warfarin</td>
<td>✓ Have a suitable answering service and a reliable second contact number to ensure the Warfarin Care Clinic can contact or leave a message for the patient/carer at all times</td>
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<tr>
<td>✓ Advise INR and Warfarin dose in a timely, prioritised fashion</td>
<td>✓ Review the patient every six months to determine the ongoing requirement for Warfarin therapy, INR target range and Warfarin duration</td>
<td>✓ Be patient with staff as they endeavour to assist them. Verbal abuse or violence will not be tolerated. Take the time to understand and follow the instructions given to them by our staff</td>
</tr>
<tr>
<td>✓ Contact patients as soon as possible if any INR is greater than 5.0, and assist with the provision of Vitamin K</td>
<td>✓ Supply a new signed Rule 3 request form to the patient for Medicare every six months</td>
<td>✓ Continue on their current dose until they have heard from QML Pathology with their new dosage. If the patient has not received their instructions within 2-3 days they should contact the Warfarin Clinic</td>
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<tr>
<td>✓ Give a kindly reminder (within reason) if patients are well overdue for testing</td>
<td>✓ Counsel the patient on the importance of testing and following instructions on Warfarin doses</td>
<td>✓ Complete the QML Pathology request forms for each INR and carefully answer the questions to ensure the Haematologist can be made aware of any changes</td>
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<tr>
<td>✓ Coordinate care with cardioversion clinics</td>
<td>✓ Alert the Warfarin Care Clinic prior to procedures if Warfarin needs adjusting</td>
<td>✓ Advise the Warfarin Care Clinic of any changes: hospital admissions, hospital discharges, medical or dental procedures, changes to health, changes to other medications. When/if their Warfarin is ceased or if their dose is altered by another doctor</td>
</tr>
<tr>
<td>✓ Coordinate Webster packs directly with the pharmacy</td>
<td>✓ Provide updated details post hospital admissions</td>
<td>✓ Have their INR Test on time as requested by the Warfarin Care Clinic</td>
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Warfarin Care Clinic
Registering Your Patient

Please read these guidelines before completing the registration form overleaf. Completing the registration form does not automatically guarantee acceptance into the Warfarin Care Clinic program.

Please continue to give the patient dosage instructions until you receive confirmation that the registration has been accepted; you should receive a response within 3 business days.

Contact the Warfarin Clinic by phone for any urgent registrations (24 hours is required).

1. CHECK PATIENT’S ELIGIBILITY:
   - There are two reliable contact numbers for the patient, carer, and/or relatives
   - The patient or their carer/pharmacy is able to follow verbal and/or written instructions
     - Supply details of carer or pharmacy
   - There are no known reasons which may prevent the patient from following dosage and testing instructions. For example; compliance, mental health issues, work, travel
   - They are not included in any category outlined in the text box to the right
   - They understand and agree to the Warfarin Clinic fees as explained in the attached Informed Financial Consent.

2. COLLATE PATIENT DETAILS
   - Contact details: address and phone contact details
   - Full medical history and current medicines
   - Recent INR’s and Warfarin doses

3. SUBMIT REGISTRATION REQUEST AND SIGNED INFORMED FINANCIAL CONSENT
   Send the completed patient registration form via:
   - Email - warfarin@qml.com.au
   - Fax - (07) 3121 4335

4. ONCE APPROVED YOU WILL RECEIVE A QML PATHOLOGY REFERENCE NUMBER
   - Contact the patient to advise them of their first test date
   - Supply the patient with a signed INR request form – marked Rule 3 exemption; include on the form:
     - the QML Pathology Reference number
     - and request one-off FBC & E/LFT’s if no test with QML in the previous 2 months
   - If the registering doctor is NOT the primary care doctor then exclude the words Rule 3 and write the primary care doctor as a copy doctor.
     - Supply the patient with a second request form to take to their primary care doctor to have signed before their second test. Pre-write the second form: write the name of the primary care doctor into the requesting doctor section, in tests requested write “INR”, “Rule 3 exemption”, and the “QML Pathology Reference number”.

The QML Pathology Warfarin Care Clinic regrets that it cannot be responsible for the INR control and warfarin dosing of the following patients:

- ‘Acute’ care cases or those that develop complex clinical conditions:
  - All inpatients (as per the current practice)
  - Patients requiring daily INR for >2 days will be deemed acute care
  - Patients on high dose cytotoxic chemotherapy
- Patients who will only be under QML Pathology control for a period of one month or less
- Patients or care givers who are unable to comply, or follow SMS, written, or verbal instructions in English
- Patients who experience ongoing difficulties attending on scheduled test dates, e.g., residents of remote areas or those whose employment/lifestyle requires frequent travel
- Patients or care givers who are abusive to QML Pathology staff
- Previously discharged non-compliant patients
- Patients who are taking LMWH or who have recently ceased LMWH, but INR results are not in therapeutic range.

Compliance
Once registered, patients must be compliant with the instructions of the Warfarin Care Clinic. The patient, on their part will also be expected to keep QML Pathology informed of any changes - especially contact details. Habitually non-compliant patients (those who fail to test when requested or who self dose), and patients who abuse QML Pathology staff will be discharged from the Clinic after their clinician has been informed.
Continue to supply the patient with dose instructions until you have received confirmation that the registration has been accepted (1-3 business days). Once confirmed you will receive a registration number – write this on the first request form for QML Pathology to control INR plus one-off FBC & E/LFTs.

DOCTOR INFORMATION

☐ I, as the referring doctor, agree that the information provided is accurate and correct and that my patient fulfils the eligibility criteria for the QML Pathology Warfarin Care Clinic

☐ I, as the primary doctor understand the Roles and Responsibilities.

☐ I have informed the patient of the Warfarin Clinic fees and attached the patient signed Informed Financial Consent

REGISTRATION DOCTOR ☐ Specialist OR ☐ Primary Care Doctor

Name: ________________________________

Provider No.: ________________________________

Surgery Address: ________________________________

Phone: ________________________________ Fax: ________________________________

Email: ________________________________

PATIENT INFORMATION

☐ Financial Consent is signed and attached

Patient Surname: ________________________________ Given Name: ________________________________

D.O.B.: __/__/____ Sex: ☐ M ☐ F Weight: __________ Height: __________ Medicare Number: ________________________________

Address: ________________________________ Suburb: ________________________________ Postcode: ________________________________

Is address: ☐ Temp ☐ Perm ☐ New Contact Ph No. 1: ________________________________ Contact Ph No. 2: ________________________________ (Family, friend or other)

Name of Pharmacy or Nursing Facility: ________________________________ Phone: ________________________________ Fax: ________________________________

Home Visits: ☐ Y ☐ N ☐ Temporary? ☐ Permanent? (Ongoing home visits are a service for those who are housebound)

PRINCIPAL ANTICOAGULATION DIAGNOSIS

☐ Atrial Fibrillation ☐ Flutter ☐ Stroke (CVA) ☐ TIA ☐ Arterial Embolism

☐ DVT Where? ________________________________ Known reason? ________________________________

☐ Pulmonary Embolism (PE) ☐ Minor ☐ Major ☐ Bilateral Known reason? ________________________________

☐ Heart Valves Which one? ________________________________ ☐ Mechanical ☐ Graft ☐ Repair

☐ Other ________________________________

OTHER HX

☐ Recent surgery Reason: ________________________________

Date of discharge: ________________________________

☐ Attach recent hospital discharge summary

☐ Attach full health summary

List ALL other medicines or supply with Health and/or Hospital Discharge Summary:

CURRENT MEDICINES

Brand Warfarin ☐ Marevan ☐ Coumadin

☐ Other Anticoagulant:

☐ Aspirin ☐ Plavix

Recent Warfarin Doses over 5 - 7days and recent INR's (2 if possible):

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<tr>
<th>Date</th>
<th>Dose</th>
<th>INR</th>
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Dear Doctor

Regarding a registration request to monitor the Warfarin doses for the following patient:

Patient Name: [Patient Name]  
Patient D.O.B.: [Patient D.O.B.]

Reference Number:

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An annual fee will be charged on the 1st of November each year. Patients who were registered during the months of July to October may be exempt from the annual fee for November of the same calendar year.

Please ensure your patient has been made aware of the registration and annual fees by asking them to sign this document and returning to us before the registration can be finalised.

Reply fax to the Warfarin Care Clinic on 07 3121 4335, or email Warfarin@qml.com.au.

Warfarin Care Clinic Registration Fee as of 1st November, 2018

Private  $275* OOP plus MBS rebate for 1st INR test or other pathology tests requested  
Concessional $140* OOP plus MBS rebate for 1st INR test or other pathology tests requested

Annual Warfarin Clinic Fee as of 1st November, 2018

Private  $130*  
Concessional $65*

To The Patient

Are you over the age of 65 or under the age of 18? Yes/No

Do you hold any of the following cards? Yes/No

Pension / Health Care / Commonwealth Seniors Card / DVA Card (please circle)

If DVA Gold Card or White Card with an Accepted Condition requiring the administration of Warfarin, please supply details in order for QML Pathology to bill the DVA directly on your behalf:

Name on card: ________________________ Card Number: ________________________ Expiry Date: ________

• If you answered YES: you are entitled to the concession rate,
• If you answered NO: you are considered a private patient

Please cross out the fee below that does not apply to you:

I ________________________ understand that QML Pathology will provide me with an account after the first INR test of $275* (private) / $140* (concession), which is an out of pocket cost after the Medicare rebate. Future INR tests will be bulk billed if I have a Medicare card.

I understand that I will also be required to pay an annual fee each November of $130* (private) / $65* (concession). If I was registered during the months of months of July to October I may not be required to pay the annual fee for the same calendar year but will do so thereafter.

Signature: ________________________ Date: ________________________

*Dependent on Medicare Rebate and/or subject to change without notice. Concession rates will apply to all patients over the age of 65 and under the age of 18, DVA and Health Care Card holders. Prices, where displayed, are correct at time of printing and are subject to change without notice.