INR Record Sheet

Some patients require very refined Warfarin dose patterns. It is important to write down your particular dose instructions and the date of your next blood test.

Warfarin Dosage Examples

Some examples of dosage instructions are as follows:

DATE	Mon	Tue	Wed	Thu	Fri	Sat	Sun	NEXT APP.	INR
Dosage Instruction: 'Alternate the dose' 3mg with 3.5mg									
20/01/06	3mg	3.5mg	3mg	3.5mg	3mg	3.5mg	3mg	27/01/06	2.5
Dosage Instruction: Monday to Friday take 6mg, Saturday and Sunday take 6.5mg									
20/01/06	6mg	6mg	6mg	6mg	6mg	6.5mg	6.5mg	27/01/06	2.5
Dosage Instruction: Wednesday and Saturday take 6mg, every other day take 7mg									
20/01/06	7mg	7mg	6mg	7mg	7mg	6mg	7mg	27/01/06	2.5
Dosage Instruction: Monday to Saturday take 4mg, Sunday take 4.5mg									
20/01/06	4mg	4mg	4mg	4mg	4mg	4mg	4.5mg	27/01/06	2.5
Dosage Instruction: Monday, Wednesday, Saturday take 1mg, every other day take 1.5mg									
20/01/06	1mg	1.5mg	1mg	1.5mg	1.5mg	1mg	1.5mg	27/01/06	2.5

* The dosage is given in milligrams (mg), i.e. the strength of the tablet. Please check the strength of the tablet with the strength written on the bottle.

If you are unsure of your dose program you may also consult your doctor.

DOSAGE RECORD

INR Target Range

DATE	Mon	Tue	Wed	Thu	Fri	Sat	Sun	NEXT APPOINTMENT	INR

QML Pathology.