# INR Record Sheet

Some patients require very refined Warfarin dose patterns. It is important to write down your particular dose instructions and the date of your next blood test.

## Warfarin Dosage Examples

Some examples of dosage instructions are as follows:

| DATE | Mon | Tue | Wed | Thu | Fri | Sat | Sun | NEXT APP. | INR |
|---|---|---|---|---|---|---|---|---|---|
| Dosage Instruction: 'Alternate the dose' 3mg with 3.5mg | | | | | | | | | |
| 20/01/06 | 3mg | 3.5mg | 3mg | 3.5mg | 3mg | 3.5mg | 3mg | 27/01/06 | 2.5 |
| Dosage Instruction: Monday to Friday take 6mg, Saturday and Sunday take 6.5mg | | | | | | | | | |
| 20/01/06 | 6mg | 6mg | 6mg | 6mg | 6mg | 6.5mg | 6.5mg | 27/01/06 | 2.5 |
| Dosage Instruction: Wednesday and Saturday take 6mg, every other day take 7mg | | | | | | | | | |
| 20/01/06 | 7mg | 7mg | 6mg | 7mg | 7mg | 6mg | 7mg | 27/01/06 | 2.5 |
| Dosage Instruction: Monday to Saturday take 4mg, Sunday take 4.5mg | | | | | | | | | |
| 20/01/06 | 4mg | 4mg | 4mg | 4mg | 4mg | 4mg | 4.5mg | 27/01/06 | 2.5 |
| Dosage Instruction: Monday, Wednesday, Saturday take 1mg, every other day take 1.5mg | | | | | | | | | |
| 20/01/06 | 1mg | 1.5mg | 1mg | 1.5mg | 1.5mg | 1mg | 1.5mg | 27/01/06 | 2.5 |

* The dosage is given in milligrams (mg), i.e. the strength of the tablet. Please check the strength of the tablet with the strength written on the bottle.

**If you are unsure of your dose program you may also consult your doctor.**

## DOSAGE RECORD

INR Target Range

| DATE | Mon | Tue | Wed | Thu | Fri | Sat | Sun | NEXT APPOINTMENT | INR |
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QML Pathology.