



PYtest®

The urea breath test kit for detecting *Helicobacter pylori*

PYtest® (urea breath test) is a qualitative and non-invasive method for the diagnosis of *Helicobacter pylori* infection in the human stomach.

This new testing method is fast, safe, simple and highly accurate

- **Ease of use:**

- Quick. Taking only 10 - 15 minutes to complete the sample collection
- After fasting for six hours, the patient swallows a capsule of urea [^{14}C] with a small cup of water. Three minutes later, the patient drinks a second small cup of water. Then after waiting an additional seven minutes they blow into a special breath collection balloon which is sent to the laboratory for analysis

- **Safe to use:**

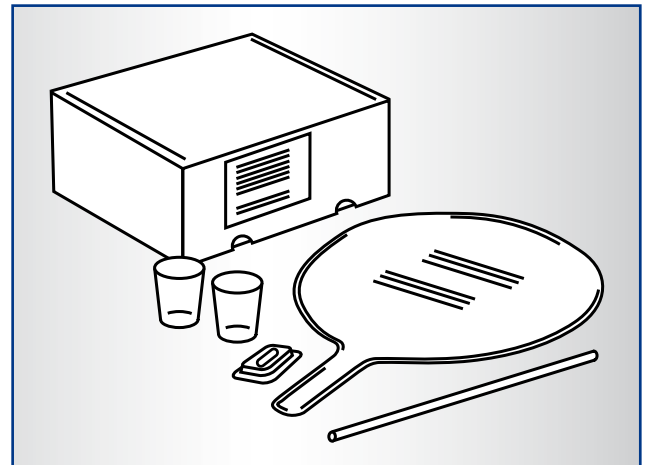
- Approved by the Therapeutic Goods Administration (TGA), an Australian Government regulatory agency ensuring the product meets acceptable standards of safety, quality and performance.

- **Non-invasive:**

- A blood sample is not required.

- **Highly accurate:**

- Regarded as the 'Gold Standard' for the testing of the ulcer causing bacterium *Helicobacter pylori*.



Patient Information

- Patients should fast (nil by mouth, including water) for a minimum of six hours before the test.
- The test can be performed at any time of the day, and will take approximately 10 - 15 minutes.
- Patients will be required to swallow a capsule containing 37kBq ^{14}C on commencement of the test.
- Medication restrictions include:
 - No antibiotics for four weeks prior to test
 - No Losec, Zoton, or Somac for one week prior to test
 - No Cytoprotectives (sucralfate) for two weeks prior to test.
 - For a full list of medication restrictions, please see our collection staff.
- No restrictions to physical activity before or during the test.
- No smoking or eating during the test.
- The test can be performed on children, however, please note weight on the request form.
- Can not be performed on pregnant or lactating women.
- **Please note:** This test attracts an out of pocket expense.

Where is the test performed?

Due to the specialised nature of the test, it is only performed at selected collection centres by appointment. Please see overleaf for a list of these collection centres.



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The PYtest® test is performed at the following QML Pathology collection centres:

Brisbane & Surrounding Area

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| Arana Hills 20 Nepean Ave | (07) 3351 4255 |
| Auchenflower Suite 90, Fifth Floor, Sandford Jackson Building, The Wesley Hospital, 30 Chasely Street | (07) 3371 3592 |
| Beenleigh Unit 2, 70-72 City Rd | (07) 3287 5947 |
| Brisbane City Suite 14, Grnd Floor, Alexandra House, 201 Wickham Tce | (07) 3831 2614 |
| Capalaba Shop 10, 109 Old Cleveland Road | (07) 3245 4867 |
| Chermside Chermside Specialist Centre, Cnr Wallace St & Gympie Rd | (07) 3359 9622 |
| Clayfield Suite 4, Level 1, Figtrees, 531 Sandgate Rd (Cnr Oriel Rd) | (07) 3262 2263 |
| Corinda Suite 2, Corinda Professional Centre, 667 Oxley Rd | (07) 3379 8843 |
| Everton Park Suite 8, North West Specialist Centre, 137A Flockton St | (07) 3353 1386 |
| Hawthorne 171 Riding Rd | (07) 3399 6902 |
| Holland Park Suite 1, Holland Park Professional Suites, 1000 Logan Rd | (07) 3397 6976 |
| Logan Central Shop 16, Logan City Cnt, Cnr Kingston & Wembley Rds | (07) 3808 1464 |
| Nundah Level 1, Cnr Sandgate Rd & Boyd St | (07) 3266 4627 |
| Sunnybank Suite 21, McCullough Medical Centre, 259 McCullough St | (07) 3344 2309 |
| Taringa First Floor, 15 Morrow St | (07) 3371 3266 |

Central Queensland

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|---------------------------------------|----------------|
| Emerald Unit 1, 121 Egerton St | (07) 4982 0306 |
| Gladstone 2A Tank St | (07) 4972 2877 |
| Rockhampton 28-30 Bolsover St | (07) 4921 2155 |
| Yeppoon Shop 2, 41 Arthur St | (07) 4938 3629 |

Darling Downs & Granite Belt

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| Stanthorpe 16 Railway St | (07) 4681 2974 |
| Toowoomba Medici Medical Centre, Cnr Scott & Curzon Sts | (07) 4638 9149 |

Far North Queensland

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| Cairns City Cairns Day Surgery Building, Cnr Florence & Grafton Sts | 07 4046 1505 |
| Innisfail 30 Owen St | 07 4061 4445 |
| Mareeba 175 Byrnes St | 07 4092 2919 |
| Mossman Shop 1, Sugarland Arcade, 14 Front St | 07 4098 1650 |

Gold Coast & Northern Rivers

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| Ballina Shop 2, 99 Tamar St | (02) 6686 0976 |
| Benowa Pindara Specialist Centre, Carrara St | (07) 5539 6755 |
| Mudgeeraba Suite 8, "Bell Place", The Link Way | (07) 5525 3874 |
| Palm Beach Suite 1, 28 Palm Beach Ave | (07) 5534 4211 |
| Runaway Bay Runaway Bay Shopping Vill, Cnr Lae Dve & Bayview St | (07) 5537 5585 |

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| Southport Suite 3, Ground Floor, Pacific Private Clinic, 123 Nerang St | (07) 5503 0752 |
| Tweed Heads 56 Wharf St | (07) 5536 8947 |

Ipswich

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| Ipswich The Terrace, 14 - 16 Limestone St | (07) 3281 8888 |
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North Queensland

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| Ayr Unit 2A, 10A Chippendale St | (07) 4783 5311 |
| Bowen Queens Beach Medical Cnt, 41 Murroona St | (07) 4785 1500 |
| Cannonvale 5/121 Shute Harbour Road | (07) 4948 0384 |
| Hyde Park Hyde Park Medical Cnt, 18 Bayswater Rd | (07) 4721 0756 |
| Ingham Hinchinbrook Central Shopping Cnt, 86-92 Herbert St | (07) 4776 0999 |
| Kirwan Tenancy 2, 7-9 Thuringowa Drive | (07) 4723 4048 |
| Mackay Shop 11A, The Gas Works Shopping Cnt, 137 Shakespeare St | (07) 4957 4061 |
| Mt Isa Suite 2, 13 Isa St | (07) 4743 4299 |
| Pimlico 51 Fulham Rd | (07) 4775 3065 |
| Townsville 'The Doctors', Cnr Stokes & Sturt Sts | (07) 4771 5043 |
| Woodlands Shop E, Woodlands Shopp. Cnt, Palm Dve | (07) 4751 6879 |

Provincial Queensland

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| Goondiwindi 7 McLean St | (07) 4671 2222 |
| Kingaroy 15 Glendon St | (07) 4162 1499 |

Redcliffe & Surrounding Area

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| Bribie Island Bribie Island Commercial Cnt, 60 Hornsby Rd, Bongaree | (07) 3408 3549 |
| Burpengary Shop 2, 184 Station Rd | (07) 3888 8154 |
| Kippa-Ring Peninsula Specialist Cnt, Cnr George & Florence Sts | (07) 3049 4413 |
| Strathpine Suite 13, Strathpine Specialist Cnt, 32 Dixon St | (07) 3205 2088 |

Sunshine Coast, Gympie & Wide Bay

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| Buderim Sunshine Coast Procedural Cnt, 93 King St | (07) 5445 3344 |
| Bundaberg 313 Bourbong St | (07) 4151 8157 |
| Caloundra Trinity House Medical Cnt, 39 - 41 Minchinton St | (07) 5491 2222 |
| Gympie Cooloola Specialist & Diagnostic Centre, 74 - 76 Channon St | (07) 5482 1511 |
| Hervey Bay 36 Murphy Street, Point Vernon | 0408 187 425 |
| Maroochydore Maroochydore Diagnostic Cnt, Cnr Horton & Plaza Pdes | (07) 5443 7714 |
| Nambour 15 Ann St | (07) 5441 2573 |
| Noosa 12 Lanyana Way, Noosa Junction | (07) 5447 3827 |



Specialists in Private Pathology since the 1920s