

BLOOD COLLECTION

Your pathology report will be sent directly to your doctor. Please make an appointment with your doctor to discuss results.

Please let the collector know if:

- **you have fainted during previous blood tests**
- **you feel anxious or unwell.**

Once the blood collection is complete:

- Please leave dressing strip in place for 2-4 hours
- Avoid activities which require energetic use of your arm for 24 hours, such as sports, digging, or carrying a handbag or parcels.

Rarely patients may experience some bleeding, swelling, discomfort or bruising. Should this occur the following steps are recommended:

- **Bleeding at needle puncture site:**

- Apply firm pressure directly over the needle site and elevate the arm until bleeding stops.

- **Discomfort or swelling around needle puncture site:**

- Elevate the arm and apply an ice pack to the site. This will help reduce bruising.

- **Excessive Bruising:**

- Rest the arm. Apply ice pack to the area.

For a full list of our collection centres and their opening hours please visit www.qml.com.au or call your local QML Pathology laboratory.