

# 24 HOUR URINE COLLECTION

- At the starting time, empty the bladder into the toilet.
- All further urine for the next 24 hours must be passed directly through the funnel into the bottle provided.
- Record, name, DOB, and start and finish time on the label.
- Keep urine refrigerated during collection.
- Ensure that the cap is screwed on firmly before returning the bottle to the collection centre

**It is important to ensure that the bottle is kept upright at all times as some bottles contain corrosive additives.**

**Please ask for two bottles if you think that one will not be sufficient.**

## **For example:**

### **6.00am Day 1**

Empty bladder and discard the urine into the toilet. Pass all urine for the next 24 hours into the bottle.

### **6.00am Day 2**

Next morning, empty bladder into the bottle. This will complete the collection.